

# GAMM Juniors Mentoring Programme



## As a mentor, you...

...pass on your experience in science and actively shape the future generation of scientists

...get the opportunity to reflect upon your career path

...expand your network and get new impulses for your work

...strengthen your advisory skills

## As a mentee, you...

...gain insights into rules and structures of the academic world and get answers to your questions:

- *How do I gain visibility?*
- *How to achieve a sustainable work-life balance?*
- *How to find a good Postdoc position?*
- *How do I go about writing a grant proposal?*
- ...

## Programme outline

Start: February 2026

Duration: 1 year (min.)

one or multiple meetings

## Questions?

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